

Benridge Dressage Test

1	A	10	Enter in working trot and proceed down the centre line without halting. C track left
2	E	10	Circle left 20m in diameter
3	A	10	Turn up the centre line, over X a transition to walk for one horses length and proceed in working trot. C track right
4	B	10	Circle right 20m in diameter
5	Between A and K	10	Transition to working canter
6	Between H and C	10	Transition to working trot
7	B	10	Turn Right. X Halt, Immobility 6 seconds Proceed in medium Walk E track left
8	K	10	Transition to working trot
9	Between A and F	10	Transition to working canter
10	Between M and C	10	Transition to working trot
11	E	10	½ Circle left 10m diameter to X
12	Between X and G	10	Transition to medium Walk G Halt, Immobility. Salute
			Leave the arena in a free walk on a long rein where appropriate

13	10 x 2	Rhythm Correct footfalls, regularity, suitable and consistent tempo
14	10 x 2	Suppleness Relaxed mentally and physically. Works over the back and through neck. Follows line of curves equally to both directions
15	10 x 2	Contact Works from behind into a consistent elastic contact
16	10 x 2	Riders Position Balance, straightness and correctness
17	10 x 2	Riders Results Effectiveness and correctness of aids

Total Marks 220